

Stay Connected. Stay Informed.

Our quarterly newsletter providing important updates to our Kim4Kids' families.

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We will be closed on Thanksgiving Day and Christmas Day.

Please check with your child's OT provider to reschedule to another day those weeks.



#### **Announcing Physical Therapy**



We are excited to now offer Physical Therapy to our Kim4Kids' families at our current school locations and in our office. To book an appointment, call or email the Kim4Kids office.

Call: (504) 517-5437

Email: office@kim4kidsnola.com



# Looking for activities during the HOLIDAY break?

## Bike Riding



"Designed to improve foundational motor skills and promote safety and coordination for independent bike riding at any age. Suitable for all ages, especially those ready to ride a two-wheel bike!

# INDIVIDUAL ORGANIZATION BOOTCAMP



- For 3rd-8th graders
- Individualized goals with parent training included
- Executive function strategies for successful completion and independence of daily tasks at home and school



Intensive, multi-sensory writing enrichment program created by OTs to improve fine motor skills and handwriting and typing performance.

1st-2nd typing
PreK and K



## **Policy Reminders**

Fusion Patient Portal. Log in to your portal account to see appointments, pay and view invoices, and access progress notes and evaluations.

<a href="https://app.fusionwebclinic.com/portal/Kim4Kids">https://app.fusionwebclinic.com/portal/Kim4Kids</a>

Invoices are sent 30 days after close of each month. Balances will be collected via credit card on file 7 days after invoice is sent. Please review invoices and email office@kim4kidsnola.com if you have any questions.

No-Show and Late Cancellation Policy. If you cancel your child's appointment with less than 24 hours notice, not due to an illness or emergency, a \$50.00 fee will be assessed.

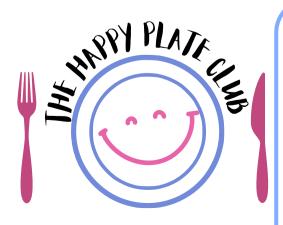
**Late Arrival.** If your child arrives more than 10 minutes late to their appointment, your child will not be able to be seen and you will be charged the late cancel fee.

**School Convenience Fee.** \$100.00 fee for any child seen off site for the entire school year (August 2024-July 2025) and is not prorated. These fees will begin to be collected in September 2024.

**Medical Referrals.** OT is a prescribed service, and prescriptions are valid for 1 year. To minimize a disruption in intervention, please ensure your child has seen their pediatrician in the last year.

Consistent Attendance of Therapy is Required. Quarterly attendance audits are held and attendance below 85% can risk losing consistent time slot.

Two no-shows or late cancellations in a calendar year constitute automatic forfeiture of appointment time and placement on flex list.



### **Happy Plate Club**

We will be enrolling SOON for our Spring Session!

If you are interested in our FUN with FOOD program that is a safe space for your picky eater, please email <a href="mailto:Kim@kim4kidsnola.com">Kim@kim4kidsnola.com</a>

### **Reading to Rover**

Come see Miss Kim and her pups and read to some furry friends!

Every 3rd Saturday of the month 1:00-2:00 pm

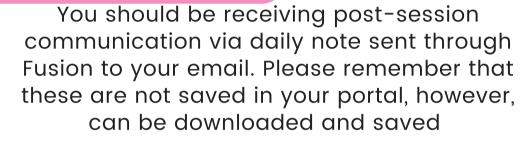
Jefferson Parish East Bank Regional Library

4747 W. Napoleon Ave. Metairie, LA 70001



Nara, Miss Kim's British Yellow Lab, listening to a <u>Dog Man</u>story

#### Off Site Visit Communication



If you are not receiving these, please reach out to your child's provider.

### Fall OT Screenings at Schools

Kim4Kids has screened nearly 400 students for weaknesses in areas related to OT at the following schools.



Holy Name of Jesus St. Rita Academy of the Sacred Heart St. Martin's Episcopal

St. Clement of Rome

Upcoming: Ecole Bilingue St. George's Episcopal



If you think your school would be interested in setting up OT screenings for their students, please email <u>Kimekim4kidsnola.com</u>. We will be happy to meet with the school and provide further information on the benefits of an OT screening.

#### PRE SCHOOL READINESS GROUP

## NOW ENROLLING

Limited
Space
Available

Ages 2-6

**Monday-Friday** 

6 child maximum

All Day or 1/2 Day Options

Parent Training Included

Check out our program online and schedule a FREE consultation call!



READY SET GROW

THERAPEUTIC PLAY GROUP



### **PROMOTE**

TURN TAKING
SELF HELP SKILLS
PEER INTERACTION
HANDLING TRANSITIONS
ADHERING TO ROUTINES
EMOTIONAL REGULATION
FOLLOWING MULTISTEP DIRECTIONS







#### REGISTER NOW!

Scan the QR code to schedule an intake appointment with Brittney Becerra, LPC!







OT Tips -- Executive Function

#### HOW CAN YOU HELP YOUR CHILD WITH TIME MANAGEMENT?

Visual Schedules
with pictures check off as
completed.

#### **Timers**

helps your child visualize and prepare for the end of activity by seeing how much time is left.

## FOLLOW US

Follow us on social media for fun and exciting content!

@kim4kidsnola@readysetgrownola@vaughn\_therapeutic

# OT Tips-Make Handwriting Fun

Provide shaving cream on the bathtub or shower wall to draw and write letters and numbers



# Animal Assisted Intervention (AAI)

We love having Lilly Rose, our Pet Partners Therapy Dog, being an instrumental part of OT intervention.

If you would like Lilly Rose to be part of your child's therapy program, talk to your OT provider.

Increase Motivation and Engagement
Improve Sensory Processing
Enhance Social Interaction
Behavioral Improvements
Enhance Self-Esteem and Confidence



Improve Motor Skills
Emotional Support and Reduce Anxiety
Cognitive Benefits
Develop Empathy and Compassion
Support Therapeutic Goals

### **Meet Magnolia!**



Magnolia is our newest member of our Kim4Kids fur family! She is a golden retriever and was rescued at 8 weeks old on August 16th from Take Paws.

She is working towards Canine Good Citizen (CGC) award and Pet Partners Therapy Dog certification. We are so excited to have Magnolia!



## Welcome, Kristi Wells, DPT!

Kristi Wells, DPT, a New Orleans native, earned her Bachelor's degree in Kinesiology from LSU in 2010 and her Doctorate in Physical Therapy from the University of St. Augustine, San Diego, in 2014. Her move to California ignited a love for travel, leading her to live in four different states before returning to her hometown.

With over a decade of experience in physical therapy, Kristi has worked with a diverse patient population, ranging from young adolescents to older adults. She is certified in pelvic health rehabilitation, specializing in postpartum care, and has honed her skills in treating a wide variety of conditions, from sports-related injuries to mobility challenges.

Kristi's passion for pediatric therapy grew after becoming a mother. She is dedicated to helping children thrive both in and out of the classroom. As a certified yoga instructor, she integrates mindfulness and calm into her therapy sessions.

Outside of work, Kristi is a fitness enthusiast who enjoys weightlifting. She loves spending time with her husband, two daughters, and their dog while exploring farmers' markets, attending music festivals, or visiting the beach.



#### Schedule an appointment

To schedule an appointment with Kristi, call or email the Kim4kids office.

Call: (504) 517-5437

Email: office@kim4kidsnola.com

# Meet the Vaughn Therapeutic Collective Team

#### **Brittney Becerra, LPC**



I'm a Licensed Professional
Counselor with years of experience in
Play Therapy. All my life, I always
knew I wanted to work with kids in
some way, and while in graduate
school, I completely fell in love with
Play Therapy. I love giving kids a safe
space to express themselves in the
best way they know how to — by
playing. Kids deserve to be seen and
heard, just as adults do!

#### Emily McInnis, MHS, LPC



#### Krystal Vaughn, Ph.D.



I am a Licensed Professional Counselor at Vaughn Therapeutic Collective. My counseling approach comes from both play therapy client-centered and cognitive behavioral perspectives, I utilize modalities to meet my clients' needs. I am passionate about the power of play and feel I am someone who possesses a youthful spirit that allows me to build a therapeutic relationship with a range of age groups. I have experience as a school counselor that allows me a unique advantage of understanding school difficulties such as separation anxiety, peer relationships, behaviors in and out the classroom, as well as effective collaboration with school staff. I am also Registered Play Therapist that believes your "healthy and happy can start here!"

Dr. Vaughn is a Licensed Professional Counselor-Supervisor and Registered Play Therapist-Supervisor at Vaughn Therapeutic Collective. After a combined 16 years as faculty at Tulane School of Medicine and LSUHSC, she opened Vaughn Therapeutic Collective where she and her staff work with the children and their families of the greater New Orleans area. Dr. Vaughn specializes in working with children, adolescents, and parents. Dr. Vaughn provides the following clinical services: Individual Therapy, Play Therapy, Parent Child Interactional Therapy, Autplay, Telehealth, Mental Health Consultation to local schools. Dr. Vaughn has years of experience providing clinical services to those with ADHD, anxiety, autism (level 1), adjustment disorder, neurodevelopmental disorders, dysregulation issues, and other developmental disorders.



# Got Questions?

General Inquiries: Email Kimberly Bradley kim@kim4kidsnola.com

Billing or Insurance: Email: office@kim4kidsnola.com

Text: 504-517-5437